

Access Statement for The Head at Middleton

Introduction

The Head at Middleton is country inn and restaurant situated on the A683 which runs between the market towns of Sedbergh (3 miles) and Kirkby Lonsdale (8 miles). A large car park is located at the side of the building. Entry to the building is via a well signposted patio area and through a pull towards you door.

Pre-Arrival

- An extensive website is available with photos of rooms
- Bookings and enquiries can be made by telephone or email or letter
- Guests are provided with verbal directions of how to find us and also guided to the website map
- The nearest bus stop is in Sedbergh (3 miles)
- Oxenholme The Lake District railway station is 12 miles away
- Woofs of Sedbergh provide a local taxi service
- This access statement is available on the website and in the welcome file in the rooms

Arrival & Car Parking Facilities

- Large car park with ample parking spaces
- Approx 30 metres from car park to door of guest room
- Assistance always available with unloading/loading
- No steps or stairs to negotiate until the threshold of the guest room door

Main Entrance, Reception & Ticketing Area

- Entrance to building via Patio down a 8cm step and wide pull toward you door (width dimension 90cm height 205cm)
- Reception is located in the main bar area
- No steps involved throughout the lounge bar and restaurant areas. Carpeted throughout.
- Registration form to be completed on arrival at reception after which key is issued.
- Elizabeth or David (Proprietors) will then give you a familiarization tour and show you to your room.
- Check in time is usually 3pm or later and checkout time is 10.00 am
- Breakfast is served to suit guest between 7am and 9 am

Public Areas - Hall, Stairs, Landing, Corridors etc

- The main bar is spacious with ample seating and dining height tables,
- Carpeted throughout
- Background music which can be turned down if requested
- Restaurant area has covers for 30 persons and is furnished in a traditional manner

Public Areas - Sitting room, lounges, lobbies etc

- Games room with pool table and dart board
- Bench type seating in this area

Public WCs

- Accessed via the front entrance and then on the left.
- Ladies have two separate cubicles
- Gents have one cubicle and two urinals and hand basin
- Antibacterial soap and cotton towels are provided

Restaurant / Dining Room, Bar & Bar area, Take Away & Cafe

- Waitress service is provided in both the lounge area or the restaurant area or alternatively guests can approach the bar for their order to be taken
- Extensive menu
- Take away menu
- Room service provided if required

Laundry

- Management will wash and dry garments if requested

Shop

- Not applicable

Treatment room/s

- not applicable

Leisure Facilities

- A walkers' paradise and birdwatchers heaven! Woodland walks alongside the property with direct access to Middleton Fell. Nearby pathways leading to the Rivers Rawthey and Lune. Buzzards,

Sparrowhawk, Great Spotted Woodpeckers, Nuthatches, Great Tit, Blue Tit, Coal Tit, Blackbirds, Dunnocks, Wren amongst the many visitors to the garden.

- Three golf courses nearby (Sedbergh, Casterton and Kirkby Lonsdale)
- Horseriding nearby (approx 7 miles)
- Lake District just 25 minutes away
- Yorkshire Dales 5 minutes away
- Morecambe Bay 30 minutes

Outdoor Facilities

- Set amidst a beautiful scenery.
- Local walks from The Head at Middleton
- Walks available from Sedbergh and Kirkby Lonsdale
- Howgills nearby
- Lake District 18 miles
- Yorkshire Dales 2 miles

Conference & Meeting Rooms, Banqueting

- Not applicable

Clubs & Entertainment

- Not applicable

Bedrooms & Sleeping Areas

- Bedroom No 2
- Ramp access to door 80cm wide x 198cm high - hinged on the right
- Carpeted with a brown heavy duty cord carpet
- 4'6 double bed with mattress topper and mattress protector
- Bedding is provided by Sunlight Laundry Services in white cotton
- Non feather pillows and quilt
- The space to the left of the bed is 130cm wide
- The space to the right of the bed is 100cm wide
- The main room light has a switch at the door and a bedside lamp on each side of the bed on bedside tables
- Comfortable three seater settee
- Tea and Coffee making facilities
- Dressing table and mirror
- Chair

- Bedroom No 3
- One step (13cm high) up into room via door 80cm wide x 198cm high - hinged on the right
- Carpeted with green cord heavy duty carpet
- 4'6 double bed with mattress topper and mattress protector
- Bedding provided by Sunlight Laundry Service in white cotton
- Non feather pillows and quilt
- The space to the left of the bed is 155cm wide
- The space to the right of the bed is 55cm wide
- The main room light has a switch at the door and a bedside lamp on each side of the bed on bedside tables
- Comfortable easy chair
- Tea and coffee making facilities
- Dressing table area and mirror and chair
- Partition wall affording privacy between double bed and twin beds
- Two 3'6 single beds with table and bedside light between them
- Bedroom No 4 exactly the same as No 3

Bathroom, Shower-room & WC [Ensuite or Shared]

- Ensuite Shower Room in Rm 2
- Door 75cm wide by 197cm high. Sliding bolt on the inside.
- The toilet seat is 38cm high - the space to the right is 20cm and to the left 20cm.
- The sink height is 81cm
- The step into the shower cubicle is 28cm high, with the width of the shower door being 44cm
- The height of the shower unit is 183cm
- Towel rail and clothes hooks mounted on wall and back of door
- The floor surface is non slip cushionfloor
- Rm 3 ensuite shower room
- Door 73cm wide by 198cm high
- Toilet seat height is 43cm
- Distance to the left of the toilet is 28cm, to the right 100cm
- Sink height is 80cm
- Step into the shower cubicle is 28cm high with the width of the shower door being 40cm
- The height of the shower unit is 175cm
- Towel rails and clothes hooks mounted on wall and door

- The floor surface is non slip cushionfloor
- Rm 4 ensuite shower room
- Exactly the same as Rm 3

Self-Catering Kitchen

- not applicable

Caravans, Holiday Homes & Twin Units

- Not applicable

Grounds and Gardens

- Large car park with tarmac chippings surface
- Patio with three wooden bench tables and umbrellas
- Wooden summer house with two wooden bench tables
- Gate leading to inner courtyard with variety of planted beds, pathways and bench tables
- Archway leading to grassed area with planting around the perimeter

Additional Information

- Welcome folders available in rooms stating places of interest, restaurant menu, contact details, breakfast menu and times
- Pets are welcome - please inform us on booking
- The premises are non smoking

Address:

The Head at Middleton
Kirkby Lonsdale
Carnforth
Lancs
LA6 2NF

Telephone: 015396 20258

Fax: 015396 21477

Email: enquiries@middleton-head.co.uk

Website: www.middleton-head.co.uk

Hours of operation: 6pm until 10.530pm Monday to Friday
12.00 until 11.00 pm Saturday
12.00 until 10.30 pm Sunday

Emergency number: 015396 20258

Future Plans

- Ongoing refurbishment as and when required
- Website updated approximately every six months

Contact Telephone and Email Address

We welcome your feedback to help us continually improve if you have any comments please phone 01539620258 or email enquiries@middleton-head.co.uk